



2004-2005 TECUMSEH BASKETBALL X-FACTOR FITNESS CHALLENGE OVERALL RESULTS



| RANK | GRADE | NAME | BENCH PRESS | | PARALLEL SQUATS | | POWER CLEAN | | VERTICAL JUMP | | PRO ACILITY | | DIPS | | 12 MINUTE RUN | | TOTAL POINTS |
|--------------|-------|-------------------|-------------|--------|-----------------|--------|-------------|--------|---------------|--------|-------------|--------|--------|--------|---------------|--------|--------------|
| | | | WEIGHT | POINTS | WEIGHT | POINTS | WEIGHT | POINTS | HEIGHT | POINTS | SPEED | POINTS | NUMBER | POINTS | LAPS | POINTS | |
| 1 | 11 | WARNER, LEVI | 160 | 266 | 245 | 317 | 205 | 700 | 29.0 | 760 | 4.16 | 893 | 32 | 550 | 7 | 750 | 4,236 |
| 2 | 11 | HAUSFELD, MICHAEL | 195 | 422 | 225 | 250 | 195 | 633 | 25.5 | 620 | 4.61 | 593 | 23 | 325 | 6 3/4 | 688 | 3,531 |
| 3 | 12 | HARRISON, ZACH | 160 | 266 | 245 | 317 | 185 | 567 | 26.5 | 660 | 4.40 | 733 | 23 | 325 | 6 5/8 | 656 | 3,524 |
| 4 | 12 | WILBERT, JACOB | 205 | 466 | 280 | 433 | 215 | 767 | 23.0 | 520 | 4.74 | 507 | 12 | 50 | 6 3/8 | 594 | 3,337 |
| 5 | 11 | SCARFF, NELSON | 145 | 200 | 235 | 283 | 155 | 367 | 28.0 | 720 | 4.33 | 780 | 15 | 125 | 6 1/2 | 625 | 3,100 |
| 6 | 9 | McKEE, JOSH | 155 | 244 | 205 | 183 | 165 | 433 | 29.0 | 760 | 4.79 | 473 | 17 | 175 | 7 | 750 | 3,019 |
| 7 | 11 | COPP, TRAVIS | 195 | 422 | 185 | 117 | 175 | 500 | 22.0 | 480 | 4.81 | 460 | 13 | 75 | 6 3/4 | 688 | 2,741 |
| 8 | 11 | ZELLER, JOHN | 145 | 200 | 275 | 417 | 135 | 233 | 28.0 | 720 | 4.71 | 527 | 7 | 0 | 5 7/8 | 469 | 2,565 |
| 9 | 10 | BARKER, ERNIE | 145 | 200 | 195 | 150 | 145 | 300 | 24.5 | 580 | 4.51 | 660 | 8 | 0 | 6 3/8 | 594 | 2,483 |
| 10 | 9 | VANHOOSE, ALAN | 115 | 67 | 180 | 100 | 130 | 200 | 24.0 | 560 | 4.63 | 580 | 11 | 25 | 7 1/8 | 781 | 2,313 |
| 11 | 12 | COFFEY, JORDAN | 145 | 200 | 150 | 0 | 145 | 300 | 22.0 | 480 | 4.63 | 580 | 3 | 0 | 6 1/2 | 625 | 2,185 |
| 12 | 10 | BEACH, MATT | 135 | 155 | 195 | 150 | 155 | 367 | 25.0 | 600 | 4.83 | 447 | 10 | 0 | 5 3/4 | 438 | 2,156 |
| 13 | 9 | HAYES, CHRIS | 155 | 244 | 245 | 317 | 145 | 300 | 24.5 | 580 | 5.02 | 320 | 4 | 0 | 5 1/2 | 375 | 2,136 |
| 14 | 9 | KIMMEY, JORDAN | 115 | 67 | 165 | 50 | 115 | 100 | 23.5 | 540 | 4.97 | 353 | 17 | 175 | 6 3/4 | 688 | 1,972 |
| 15 | 10 | BROWN, ADAM | 115 | 67 | 145 | 0 | 135 | 233 | 24.5 | 580 | 4.80 | 467 | 11 | 25 | 6 1/4 | 563 | 1,934 |
| 16 | 9 | PRATT, JONATHAN | 140 | 178 | 155 | 17 | 105 | 33 | 21.5 | 460 | 4.97 | 353 | 20 | 250 | 6 1/2 | 625 | 1,916 |
| 17 | 11 | LEWIS, RYAN | 115 | 67 | 135 | 0 | 115 | 100 | 19.5 | 380 | 4.83 | 447 | 13 | 75 | 6 7/8 | 719 | 1,787 |
| 18 | 9 | LOKAI, AARON | 145 | 200 | 270 | 400 | 155 | 367 | 0.0 | 0 | 0.00 | 0 | 20 | 250 | 6 1/4 | 563 | 1,779 |
| 19 | 9 | FOX, TAYLOR | 140 | 178 | 190 | 133 | 115 | 100 | 21.0 | 440 | 4.89 | 407 | 12 | 50 | 5 7/8 | 469 | 1,776 |
| 20 | 11 | FAMBRO, GREG | 130 | 133 | 135 | 0 | 135 | 233 | 26.5 | 660 | 4.96 | 360 | 11 | 25 | 5 3/8 | 344 | 1,755 |
| 21 | 9 | WELLS, SCOTT | 115 | 67 | 170 | 67 | 125 | 167 | 21.5 | 460 | 4.89 | 407 | 7 | 0 | 6 1/4 | 563 | 1,729 |
| 22 | 9 | APPLE, JUSTIN | 90 | 0 | 150 | 0 | 85 | 0 | 19.5 | 380 | 4.81 | 460 | 4 | 0 | 7 1/4 | 813 | 1,652 |
| 23 | 11 | MINUTOLO, PHILIP | 195 | 422 | 0 | 0 | 0 | 0 | 23.5 | 540 | 4.84 | 440 | 5 | 0 | 0 | 0 | 1,402 |
| 24 | 10 | KAME, JOSH | 130 | 133 | 165 | 50 | 115 | 100 | 17.5 | 300 | 5.00 | 333 | 2 | 0 | 5 1/8 | 281 | 1,198 |
| 25 | 9 | HIGH, BRANDON | 85 | 0 | 135 | 0 | 85 | 0 | 17.5 | 300 | 4.99 | 340 | 9 | 0 | 5 3/8 | 344 | 984 |
| 26 | 9 | McCOY, DUSTIN | 115 | 67 | 180 | 100 | 125 | 167 | 17.5 | 300 | 5.19 | 207 | 0 | 0 | 4 3/8 | 94 | 934 |
| 27 | 10 | DARLING, RYAN | 135 | 155 | 145 | 0 | 0 | 0 | 14.5 | 180 | 4.63 | 580 | 0 | 0 | 0 | 0 | 915 |
| 28 | 9 | BARTLETT, RYAN | 125 | 111 | 190 | 133 | 105 | 33 | 0.0 | 0 | 0.00 | 0 | 11 | 25 | 6 | 500 | 803 |
| 29 | 10 | RENO, GEOFF | 110 | 44 | 135 | 0 | 105 | 33 | 0.0 | 0 | 5.06 | 293 | 9 | 0 | 5 1/8 | 281 | 652 |
| 30 | 9 | HAFFNER, SHAWN | 95 | 0 | 145 | 0 | 105 | 33 | 0.0 | 0 | 0.00 | 0 | 0 | 0 | 5 7/8 | 469 | 502 |
| TEAM AVERAGE | | | 138.3 | 194.1 | 188.6 | 181.0 | 138.4 | 283.3 | 23.0 | 521.5 | 4.78 | 481.5 | 12.2 | 157.8 | 6 1/5 | 548.0 | 2,033.8 |

| | # | AVG POINTS |
|-------------------|----|------------|
| FRESHMAN TESTED | 13 | 1654.9 |
| SOPHOMORES TESTED | 6 | 1556.5 |
| JUNIORS TESTED | 8 | 2639.6 |
| SENIORS TESTED | 3 | 3015.2 |