

TECUMSEH BASKETBALL - X-FACTOR FITNESS CHALLENGE

*** FRESHMAN - OVERALL LEADERS ***



OVERALL POINTS

1.)	McKEE, JOSH (2004-05), FR.	3,019
2.)	FLORY, JOE (2009-10), FR.	2,499
3.)	FARLEY, JOSH (2003-04), FR.	2,471
4.)	MEAD, TRENT (2008-09), FR.	2,217
5.)	SMITH, ERIK (2006-07), FR.	2,202
6.)	CULBERTSON, CHASE (2008-09), FR.	2,168
7.)	SHEETS, ALEX (2008-09), FR.	2,143
8.)	SNARR, SCOTT (2008-09), FR.	2,103
9.)	KIMMEY, JORDAN (2004-05), FR.	1,972
10.)	WINANS, GABE (2009-10), FR.	1,886

TOP CLASSES (AVERAGE POINTS SCORED)

1.)	2008-2009	1,862.3
2.)	2004-2005	1,654.9
3.)	2009-2010	1,532.6
4.)	2007-2008	1,467.4
5.)	2006-2007	1,414.2
6.)	2005-2006	1,288.5
7.)	2003-2004	947.7
8.)		
9.)		
10.)		

BENCH PRESS (Pounds)

1.)	FARLEY, JOSH (2003-04), FR.	175
2.)	McKEE, JOSH (2004-05), FR.	155
3.)	LOKAI, AARON (2004-05), FR.	145
4.)	FLORY, JOE (2009-10), FR.	140
5.)	DIXON, ADAM (2007-08), FR.	135
	JONES, JORDAN (2005-06), FR.	135
	PERRY, JEREMY (2005-06), FR.	135
	RAPP, ZACH (2006-07), FR.	135
	SNARR, SCOTT (2008-09), FR.	135
10.)	EBEN, ALEX (2009-10), FR.	130
	WINANS, GABE (2009-10), FR.	130

PARALLEL SQUATS (Pounds)

1.)	LOKAI, AARON (2004-05), FR.	270
2.)	FLORY, JOE (2009-10), FR.	265
3.)	DIXON, ADAM (2007-08), FR.	225
	FARLEY, JOSH (2003-04), FR.	225
5.)	McKEE, JOSH (2004-05), FR.	205
6.)	SHEETS, ALEX (2008-09), FR.	195
7.)	SMITH, ERIK (2006-07), FR.	185
	WINANS, GABE (2009-10), FR.	185
9.)	SNARR, SCOTT (2008-09), FR.	180
10.)	CULBERTSON, CHASE (2008-09), FR.	175
	MEAD, TRENT (2008-09), FR.	175
	RUDD, SPENCER (2008-09), FR.	175

POWER CLEAN (Pounds)

1.)	FARLEY, JOSH (2003-04), FR.	165
	McKEE, JOSH (2004-05), FR.	165
3.)	JONES, JORDAN (2005-06), FR.	155
	LOKAI, AARON (2004-05), FR.	155
5.)	FLORY, JOE (2009-10), FR.	150
6.)	PERRY, JEREMY (2005-06), FR.	145
7.)	DIXON, ADAM (2007-08), FR.	135
	SMITH, ERIK (2006-07), FR.	135
9.)	SHEETS, ALEX (2008-09), FR.	125
10.)	CULBERTSON, CHASE (2008-09), FR.	120
	MEAD, TRENT (2008-09), FR.	120

VERTICAL JUMP (Inches)

1.)	McKEE, JOSH (2004-05), FR.	29.0
2.)	SHEETS, ALEX (2008-09), FR.	24.5
3.)	LEET, JOSH (2005-06), FR.	24.0
	SMITH, ERIK (2006-07), FR.	24.0
5.)	GREEAR, JUSTIN (2006-07), FR.	23.5
	KIMMEY, JORDAN (2004-05), FR.	23.5
	MEAD, TRENT (2008-09), FR.	23.5
	SNARR, SCOTT (2008-09), FR.	23.5
9.)	BEIDELSCHIES, BRANDON (2007-08), FR.	23.0
10.)	NICKELL, DILLON (2009-10), FR.	22.5
	SPEARS, HUNTER (2009-10), FR.	22.5

PRO AGILITY (Seconds)

1.)	MEAD, TRENT (2008-09), FR.	4.44
2.)	SHEETS, ALEX (2008-09), FR.	4.50
3.)	NICKELL, DILLON (2009-10), FR.	4.55
4.)	CLARK, MORGAN (2009-10), FR.	4.59
5.)	SMITH, ERIK (2006-07), FR.	4.68
6.)	ROGERS, BRADLEY (2009-10), FR.	4.71
7.)	SNARR, SCOTT (2008-09), FR.	4.72
8.)	GREEAR, JUSTIN (2006-07), FR.	4.74
9.)	FLORY, JOE (2009-10), FR.	4.75
10.)	BARKER, ERNIE (2003-04), FR.	4.78

DIPS

1.)	LOKAI, AARON (2004-05), FR.	20
2.)	EBEN, ALEX (2009-10), FR.	18
3.)	KIMMEY, JORDAN (2004-05), FR.	17
	McKEE, JOSH (2004-05), FR.	17
5.)	CULBERTSON, CHASE (2008-09), FR.	15
6.)	SPEARS, HUNTER (2009-10), FR.	13
	WINANS, GABE (2009-10), FR.	13
8.)	FARLEY, JOSH (2003-04), FR.	12
	LEET, JOSH (2005-06), FR.	12
	ROGERS, SCOTT (2007-08), FR.	12

12-MINUTE RUN (LAPS)

1.)	CULBERTSON, CHASE (2008-09), FR.	7 1/2
2.)	APPLE, JUSTIN (2004-05), FR.	7 1/4
3.)	McKEE, JOSH (2004-05), FR.	7
4.)	KIMMEY, JORDAN (2004-05), FR.	6 3/4
5.)	MEAD, TRENT (2008-09), FR.	6 3/4
6.)	SNARR, SCOTT (2008-09), FR.	6 3/4
7.)	WINANS, GABE (2009-10), FR.	6 3/4
8.)	HARMON, SCOTT (2009-10), FR.	6 5/8
	MAIER, CONRAD (2009-10), FR.	6 5/8
	RAPP, ZACH (2006-07), FR.	6 5/8
	ROGERS, BRADLEY (2009-10), FR.	6 5/8
	SMITH, ERIK (2006-07), FR.	6 5/8