

TECUMSEH BASKETBALL - X-FACTOR FITNESS CHALLENGE

*** JUNIORS - OVERALL LEADERS ***



OVERALL POINTS

1.)	WARNER, LEVI (2004-05), JR.	4,236
2.)	HOLMES, DUSTIN (2008-09), JR.	3,943
3.)	SMITH, ERIK (2008-09), JR.	3,857
4.)	HAUSFELD, MICHAEL (2004-05), JR.	3,531
5.)	McKEE, MIKE (2009-10), JR.	3,513
6.)	CHRISTMANN, RYAN (2008-09), JR.	3,494
7.)	JONES, JORDAN (2007-08), JR.	3,284
8.)	APPLE, JUSTIN (2006-07), JR.	3,213
9.)	LEET, JOSH (2007-08), JR.	3,135
10.)	SCARFF, NELSON (2004-05), JR.	3,100

TOP CLASSES (AVERAGE POINTS SCORED)

1.)	2008-2009	3,190.5
2.)	2007-2008	2,901.3
3.)	2009-2010	2,889.1
4.)	2004-2005	2,639.6
5.)	2003-2004	2,308.4
6.)	2006-2007	2,147.1
7.)	2005-2006	2,000.8
8.)		
9.)		
10.)		

BENCH PRESS (Pounds)

1.)	McKEE, MIKE (2009-10), JR.	245
2.)	HOLMES, DUSTIN (2008-09), JR.	240
3.)	JONES, JORDAN (2007-08), JR.	225
	WILLIAMS, KARSON (2008-09), JR.	225
5.)	COPP, TRAVIS (2004-05), JR.	195
	HAUSFELD, MICHAEL (2004-05), JR.	195
	MINUTOLO, PHILLIP (2004-05), JR.	195
8.)	RAPP, ZACH (1008-09), JR.	185
	SMITH, ERIK (2008-09), JR.	185
10.)	KIMMEY, JORDAN (2006-07), JR.	180

PARALLEL SQUATS (Pounds)

1.)	DIXON, ADAM (2009-10), JR.	300
2.)	JONES, JORDAN (2007-08), JR.	260
3.)	SMITH, ERIK (2008-09), JR.	255
	WILBERT, JACOB (2003-04), JR.	255
5.)	BEIDELSCHIES, BRANDON (2009-10), JR.	245
	CHRISTMANN, RYAN (2008-09), JR.	245
	WARNER, LEVI (2004-05), JR.	245
8.)	GREEAR, JUSTIN (2008-09), JR.	240
9.)	SCARFF, NELSON (2004-05), JR.	235
10.)	RAPP, ZACH (1008-09), JR.	230

POWER CLEAN (Pounds)

1.)	JONES, JORDAN (2007-08), JR.	205
	WARNER, LEVI (2004-05), JR.	205
3.)	HAUSFELD, MICHAEL (2004-05), JR.	195
4.)	WILLIAMS, KARSON (2008-09), JR.	190
5.)	CHRISTMANN, RYAN (2008-09), JR.	185
	McKEE, MIKE (2009-10), JR.	185
7.)	SMITH, ERIK (2008-09), JR.	180
8.)	COPP, TRAVIS (2004-05), JR.	175
9.)	BEIDELSCHIES, BRANDON (2008-09), JR.	170
10.)	BARKER, ERNIE (2005-06), JR.	165
	BROWN, ADAM (2005-06), JR.	165
	DIXON, ADAM (2009-10), JR.	165
	HOLMES, DUSTIN (2008-09), JR.	165
	WILBERT, JACOB (2003-04), JR.	165

VERTICAL JUMP (Inches)

1.)	McKEE, MIKE (2009-10), JR.	29.5
2.)	SMITH, ERIK (2008-09), JR.	29.0
	WARNER, LEVI (2004-05), JR.	29.0
4.)	CHRISTMANN, RYAN (2008-09), JR.	28.5
5.)	SCARFF, NELSON (2004-05), JR.	28.0
6.)	GREEAR, JUSTIN (2008-09), JR.	27.5
	LEET, JOSH (2007-08), JR.	27.5
8.)	FAMBRO, GREG (2004-05), JR.	26.5
9.)	APPLE, JUSTIN (2006-07), JR.	26.0
	BEIDELSCHIES, BRANDON (2008-09), JR.	26.0
	BROWN, ADAM (2005-06), JR.	26.0

PRO AGILITY (Seconds)

1.)	ROGERS, SCOTT (2009-10), JR.	4.16
	WARNER, LEVI (2004-05), JR.	4.16
3.)	BEIDELSCHIES, BRANDON (2009-10), JR.	4.31
	GREEAR, JUSTIN (2008-09), JR.	4.31
5.)	HOLMES, DUSTIN (2008-09), JR.	4.33
	SCARFF, NELSON (2004-05), JR.	4.33
7.)	McKEE, MIKE (2009-10), JR.	4.37
8.)	CHRISTMANN, RYAN (2008-09), JR.	4.45
9.)	BLEVINS, RYAN (2009-10), JR.	4.49
	SMITH, ERIK (2008-09), JR.	4.49

DIPS

1.)	HOLMES, DUSTIN (2008-09), JR.	37
2.)	WARNER, LEVI (2004-05), JR.	32
3.)	McKEE, MIKE (2009-10), JR.	27
4.)	BROWN, ADAM (2005-06), JR.	24
	SMITH, ERIK (2008-09), JR.	24
6.)	HAUSFELD, MICHAEL (2004-05), JR.	23
	LEET, JOSH (2007-08), JR.	23
8.)	RAPP, ZACH (2008-09), JR.	22
9.)	PIERSON, KYLE (2008-09), JR.	21
10.)	APPLE, JUSTIN (2006-07), JR.,	17
	BLEVINS, RYAN (2009-10), JR.	17
	ROGERS, SCOTT (2009-10), JR.	17

12-MINUTE RUN (LAPS)

1.)	APPLE, JUSTIN (2006-07), JR.	7 5/8
2.)	CHRISTMANN, RYAN (2008-09), JR.	7 1/4
	SMITH, ERIK (2008-09), JR.	7 1/4
4.)	RAPP, ZACH (2008-09), JR.	7 1/8
5.)	HOLMES, DUSTIN (2008-09), JR.	7
	KIMMEY, JORDAN (2006-07), JR.	7
	WARNER, LEVI (2004-05), JR.	7
8.)	LEWIS, RYAN (2004-05), JR.	6 7/8
9.)	COPP, TRAVIS (2004-05), JR.	6 3/4
	HAUSFELD, MICHAEL (2004-05), JR.	6 3/4